

Phased measures toward resuming cross-border travelers

from 1st March 2022

Important Notice:

Read below and acquire the condition to travel Japan and requirements to get shorten the quarantine period after entering Japan.

In order to enter Japan, regardless of nationality, you will need to do the following.

- Presentation of inspection certificate

You are required to present a certificate of inspection within 72 hours before leaving the country. If you are unable to present the certificate, you will not be allowed to land in Japan based on the Quarantine Law.

Required conditions of Inspection certificates

<https://www.mhlw.go.jp/content/000807573.pdf>

Requirements for Certificate of Testing for Entering Japan

<https://www.mhlw.go.jp/content/000825144.pdf>

Valid Format of Certificate of Negative Test Result

https://www.mofa.go.jp/ca/fna/page25e_000334.html

FAQ for Confirmation of Certificate of testing for COVID-19

<https://www.mofa.go.jp/files/100206521.pdf>

- Change in quarantine period after entering Japan

You will find steps for shortening the quarantine period after entering Japan.

<https://www.mhlw.go.jp/content/000903661.pdf>

- Quarantined in the accommodation of the government, Submission of a written pledge

Pledge : <https://www.mhlw.go.jp/content/000922229.pdf>

(Updated March 30, 2022)

Read page 1 & 2 and sign on page 1.

Depending on the countries and regions in which you stayed, you will be required to stay in the accommodation of the government, and be tested.

Country or region designated as requiring quarantine at government-designated accommodations

<https://www.mhlw.go.jp/content/000883267.xlsx>

You will be asked to pledge not to use public transportation ([excluding in if \(2\) and \(3\) in Item](#)), to stay at home or in accommodation, to save and present your location information, and to install a contact confirmation application etc. during your quarantine period after entry. If you violate the pledge, in addition to being subject to suspension measures based on the Quarantine Law, you may be subject to the following

(1) If you are Japanese, your name and information that may contribute to the prevention of the spread of infection may be publicized.

(2) If you are a resident status holder, your name, nationality, and information that may contribute to the prevention of the spread of infection may be publicized. You may also be subject to revocation of your status of residence and deportation proceedings.

- Carrying a smartphone and installing necessary applications

In order to carry out the pledges in the written pledge, you need to have a smartphone that can use the necessary applications (e.g., showing location information). If you do not own a smartphone or if you own a smartphone that does not allow the installation of necessary apps, please rent a smartphone at the airport at your expense upon arriving in Japan.

Regarding the use of apps following your arrival

[To Anyone Entering / Returning to Japan/To see all manual](#)
[Frequently asked questions](#)

- Submission of Questionnaire

Contact information such as email address and phone number will be confirmed at the time of quarantine for health follow-up during your quarantine period after entry.

Respond to the questionnaire at <https://arqs-qa.followup.mhlw.go.jp/> .

In addition to the questionnaire WEB, please answer the following questions based on the provisions of Article 12 of the Quarantine Act in advance before entering Japan and bring them with you in quarantine.

Questionnaire based on the provisions of Article 12 of the Quarantine Act

<https://www.mhlw.go.jp/content/000863651.pdf>

Health Card Compliance matters during your quarantine period after entering Japan. This request is made under the Quarantine Act to prevent spread of infection.

<https://www.mhlw.go.jp/content/000889657.pdf>

What is Fast Track? If you enter from designated airport (Narita International, Haneda, Chubu Centrair International, Kansai International, Fukuoka) and have a smartphone/device with MySOS app installed is required, you can pre-register for airport quarantine procedures. With this app you can complete some quarantine procedures before you enter Japan. <https://www.hco.mhlw.go.jp/fasttrack/en/>

Website in Japanese text: https://www.mhlw.go.jp/stf/seisakunitsuite/bunya/0000121431_00209.html