

KEK ドミトリー:朝食メニュー <KEK dormitory Breakfast menu>



	月 (Mon)	火 (Tue)	水 (Wed)	木 (Thu)	金 (Fri)	土 (Sat)	日 (Sun)
メニュー	丼ぶり系 ¥380	おにぎり弁当 ¥380	幕の内弁当 ¥380	豆ごはん弁当 ¥380	カレーライス ¥380	休業	休業
内容	1週目:牛丼 2週目:中華丼 3週目:牛カルビ丼 4週目:焼鳥丼	おにぎり2個(鮭・おなか)と鶏肉系の揚物2個の詰合せ	鮭の焼魚、煮物、揚物、焼物などのおかずの詰合せとごはん	枝豆、ごぼう、人参、椎茸、油揚げなどの具材が入った混ぜご飯とおかず	豚肉、玉ねぎ、人参のカレーとライス		
English ↓							
Menu	Bowl of rice topped with various food ¥380	Rice balls with fried chickens ¥380	Boxed meal ¥380	Beans rice ¥380	Curry&rice ¥380	Closed	Closed
Content	1st week: Beef bowl 2nd week: Stir-fried vegetables and seafoods 3rd week: kalbi (beef ribs) 4th week: Grilled chicken	Two rice balls (salmon, bonito) with fried chicken (two pieces)	Grilled salmon and side dishes (stewed, fried, grilled) with rice	Rice mixed with green soybeans, burdock, carrot, shiitake, fried tofu skins, and side dishes	Pork, onion, carrot curry and rice		
	 kalbi (beef ribs)						